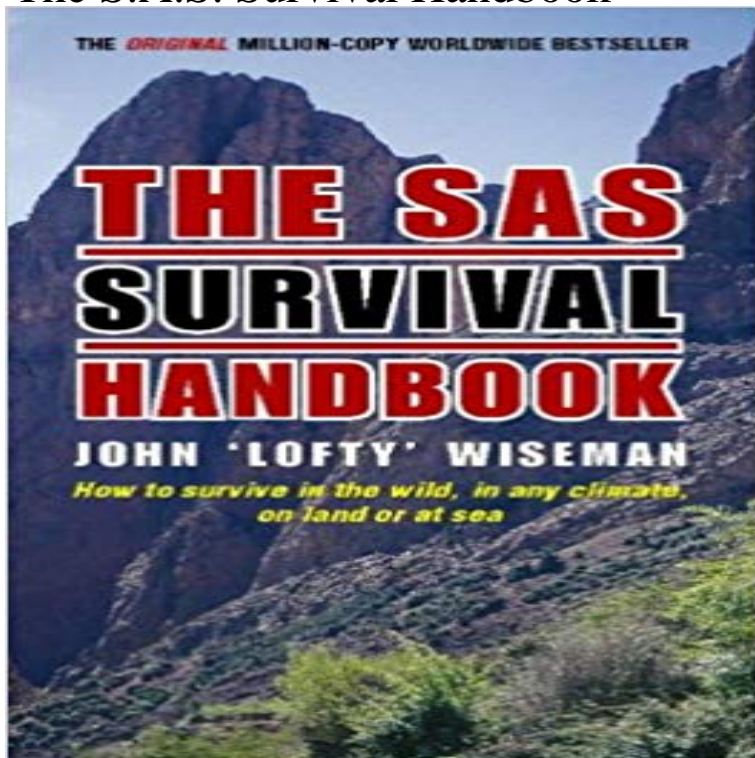


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Based on the training techniques of the Special Air Service, the famous elite fighting force, this book shows how to survive outdoors, on land or at sea, in any weather, in any part of the world. From making a pocket survival kit to knowing how to obtain safe drinking water, the SASs Chief Survival Instructor progresses through a whole range of survival techniques and situations. From obtaining food, building a camp and administering emergency first aid to navigating your way to safety and dealing with natural disasters, the handbook could actually save your life.

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